

# 18-35s Ministry Handout

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The content of this handout was inspired and adapted from [7 conversations your church needs to have to reach young adults - Evangelical Alliance \(eauk.org\)](#). Please see full resource online. I also recommend you check [The Quiet Revival – Gen Z leads rise in church attendance – Bible Society](#), [Spiritual growth amongst 18-35s in the UK church – CCX](#), [The Frontline Lives of 18-35s in the UK - LICC](#) and [The Opportunity Of A Lifetime - Fusion](#).

This handout offers reflection questions, further resources for a range of different views, and case studies for discussion. If you have suggestions of other resources that should be included here, please contact Isabella Senior.

## 1. Welcome

How can people find church online?

How can a church make people feel at home from the moment they walk through the doors?

Further resources:

- [The Quiet Revival: Gen Z leads rise in church attendance](#)
- Design software – free for churches [Home - Canva](#)
- [The Baptist Union of Great Britain : Launch of the Baptists Together Communications chat and support Facebook Group](#)
- [BU First Friday: a new way to be resourced and supported with communications](#)
- [The Church Comms Collective](#)
- [Digital Church Toolkit](#)
- [Gourds & Pomegranates Podcast: Church Comms Common Sense \(gppodcast.uk\)](#)
- Register your church to welcome students: [Student Linkup \(fusionmovement.org\)](#)
- [UCCF: The Christian Unions](#)
- [Student Christian Movement |](#)
- [Students - Navigators UK](#)
- [Students - Agapé UK](#)
- [Further Fast Network – Helping you grow your church by reaching unchurched people](#)

## 2. Life-giving connections

How can life-giving connections grow in church? How can church create space for authentic relationships that go beyond Sunday attendance and beyond their own age group and affinities?

- [Discipleship research - CCX](#), 'If church leaders want to promote the spiritual formation of 18-35s, the most effective thing they can do is to help them find community'
- [Baptist Assembly: Mission Is... GROWing Younger Disciples - YouTube](#)
- [The Baptist Union of Great Britain : Inspirational Stories](#)
- Card and board games that can help people of all ages to connect: Uno, Dobble, Monopoly, Heard Mentality, Wavelength, Taskmaster, Just One, Dixit, Qwirkle and Catan to mention a few.

## 3. Leadership

What could young-adult mentorship look like in a church-leadership setting?

Book and research recommendations:

- [RESEARCH: What are 18–35 disciples like – and what are their big questions? | LICC](#)
- [The XYZ of Discipleship](#) (2020: MD Publishing)
- [Faith for Exiles](#) (2019: Baker Books)
- [Changing Shape: The Faith Lives of Millennials](#) (2020: SCM Press)
- [Leading the Millennial Way](#) (2019: SPCK)
- [Building a Discipling Culture](#) (2018: 3DM Publishing)
- [Meet Generation Z: Understanding and Reaching The New Post-Christian World](#) (2017: Baker Books)
- [Uptick: A Blueprint for Finding and Forming the Next Generation of Pioneering Kingdom Leaders](#) (2019: 100Movement Publishing)
- [Church & Students - Resources - Fusion \(fusionmovement.org\)](#)

#### 4. Teaching

How are we teaching people about the Bible and discipleship?

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Bible study/discipleship resources:

- [Discovery Bible Study](#)
- [The London Institute for Contemporary Christianity \(licc.org.uk\)](#)
- [RightNow Media | Streaming Video Library of Bible Studies](#)
- [The Chosen \(angelstudios.com\)](#)
- [Jesus the Game Changer – Olive Tree Media](#)
- [Study the Story of the Bible With Free Tools | BibleProject™](#)
- [BibleGateway.com: A searchable online Bible in over 150 versions and 50 languages.](#)
- [The Bible Course - Bible Society](#)
- [The Wellbeing Journey](#)
- [The Course — Practicing the Way](#)

Podcasts:

- [The Way UK - YouTube](#)
- [Bible Podcast Studying Christian Theology | BibleProject™](#)
- [John Mark Comer Teachings on Apple Podcasts](#)
- [Rule of Life on Apple Podcasts](#)
- [Fight Hustle, End Hurry on Apple Podcasts](#)
- [Live No Lies Podcast on Apple Podcasts](#)
- [This Cultural Moment on Apple Podcasts](#)
- [Rebuilders](#)
- [Green Room on Apple Podcasts](#)
- [With The Perrys | Podcast on Spotify](#)
- [Wise Lives | Podcast on Spotify](#)
- [Re-Enchanting on Apple Podcasts](#)
- [Questioning Christianity with Tim Keller | a podcast by Tim Keller \(gospelinlife.com\)](#)
- [Unbelievable? on Apple Podcasts](#)
- [Ask NT Wright Anything on Apple Podcasts](#)
- [Podcasts - Theology in the raw](#)
- [Church & Culture Podcast | Church & Culture \(churchandculture.org\)](#)
- [Fusion Podcast on Apple Podcasts](#)
- [Bring to Light on Apple Podcasts](#)
- [Homebrewed Christianity Podcast on Apple Podcasts](#)
- [PODCAST - The Bible For Normal People](#)

Devotional apps and resources:

- [YouVersion Bible app](#)
- [Lectio 365 - 24-7 Prayer International](#)
- [Bible in One Year](#)
- [Glorify | #1 Christian Daily Worship App \(glorify-app.com\)](#)
- [First 5 Daily Bible Study App - Transform your time with God](#)
- [Word for the Week | LICC](#)
- [The Fuelcast devotional videos](#)
- [Bible.is - Faith Comes By Hearing](#)
- [Bible Study Tools + Print Bible | The Filament Collection | Tyndale House Publishers](#)
- [The Word One To One \(theword121.com\)](#)
- [Waha: the Disciple Making App](#)

## 5. Difficult conversations

What are the relational vehicles that we can use to walk alongside those who are struggling with aspects of faith that they have questions about?

Further resources for a range of different views

Sexuality

- [The Baptist Union of Great Britain : Gender Justice Issues](#)
- [The Baptist Union of Great Britain : Browse - Good reads about gender](#)
- [Single Friendly Church - Changing Church thinking about single people](#)
- [Notes on Love - Lauren Windle - SPCK Publishing](#)
- [Redeeming Sex: Naked Conversations About Sexuality and Spirituality \(Forge Partnership Books\) eBook : Hirsch, Debra, Lyons, Gabe: Amazon.co.uk:e](#)
- [Moral Revolution](#)
- [The Baptist Union of Great Britain : Listening - Human Sexuality](#)
- [Christian and gay | Living Out](#)
- [Support for Christians with Same-Sex Attractions | True Freedom Trust](#)
- [Creating Sanctuary](#)
- [Affirm](#)
- [OneBodyOneFaith | Home](#)
- [Diverse Church](#)
- [Bible and Homosexuality](#)

## Social justice

- [Joint Public Issues Team \(jpit.uk\)](http://jpit.uk)
- [Tearfund](#)
- [UK charity fighting global poverty - Christian Aid](#)
- [International Justice Mission | End Modern Slavery for Good \(ijm.org\)](http://ijm.org)
- [Change Makers - Inspiring Change Through Creativity \(changemakersmedia.uk\)](http://changemakersmedia.uk)

## Racial justice

- [The Baptist Union of Great Britain : Racial Justice Issues](#)
- [The Baptist Union of Great Britain : Visions of Colour](#)
- [Black Light \(blacklightcourse.uk\)](http://blacklightcourse.uk)

## Disability justice

- [The Baptist Union of Great Britain : Disability Justice Issues](#)

## 6. Participation

How can we equip and engage 18-35s in leadership? How can we empower 18-35s and people in general to live out their callings?

## Further resources:

- Baptist interactive resource: [Exploring next steps?](#)
- [The Baptist Union of Great Britain : Internships](#)
- [The Baptist Union of Great Britain : Internship Best Practice Handbook](#)
- [Isabella Senior \(@baptistyoungleaders\) • Instagram photos and videos](#)
- [The London Institute for Contemporary Christianity \(licc.org.uk\)](http://licc.org.uk)
- [‘Leadiagrams: 52 Visuals to Help You Thrive in Your Faith and Lead Effectively’](#) by Andy Frost and Chris Frost

## 7. Evangelism

How can we equip and inspire Christians who are 18-35s to share their faith with their friends?

Further resources:

Stirring spiritual curiosity

- [Start to Stir | Start to Stir](#)
- [The Way UK - YouTube](#)
- [Street Evangelism creative ideas by Steiger](#)

Sports and evangelism

- [Bridge The Gap Football](#)
- [We exist to reach the world of sport for Christ. \(christiansinsport.org.uk\)](#)
- [Ballers in God | Where Faith meets Football](#)

Apps and websites for community events

- [Meetup - We are what we do](#)
- [Nextdoor](#)

### Case studies for reflection and discussion

1. Mary is 18 years old and grew up going to church. She has now moved to university and connected with the Christian union, but she is currently looking for a church. She doesn't know many people in the new town and has never lived away from her parents before. How would you welcome Mary in your church?
2. John is 19 years old and he grew up in a family that had no faith. He has now moved to university and started reading a Bible his friend gave him. His flatmates are exploring faith too. They'd like to try church. How would you welcome John and his flatmates in your church?
3. Ben is 19 years old and grew up going to the same church with his mum. He has felt left out when most of his friends went off to university somewhere else and he is still in the same small town living with his mum. He has a job in a local restaurant but is struggling to see what else is there for him. He is confused about the future and left wondering if what he was told about 'God has a plan for you' is really true. He is not even sure if his faith is true at this stage. How would you support Ben in your church?
4. Fola is 20 years old, and she has been studying in the city during the week. She is a Jesus-follower and would like to be part of church, but she works in a supermarket on Saturdays and Sundays. How would you support Fola in her faith journey?
5. A new family has moved to the area. They are a couple in their late 20's and early 30's and they have two children aged 2 and 4. They are looking for social activities for their children and for them as a family. After a miscarriage the couple became more interested in faith. How would you support them?
6. Carol and Adam are in their late 20's. They both grew up in a Christian family, but in their teens stopped going to church. They got together and moved to a rural town where life costs are more affordable, and they are close to the outdoors which they enjoy. After a couple of mental health issues and reconnecting with their Christian friends, they are considering faith again. How would you reach them?

7. Ben and Leah are in their early 30's and they don't feel like they belong to the 18-35's group at church because they are married with small children. They would love to connect with others but evening gatherings don't work for them. However, they meet up with their non-Christian neighbours who also have small children for playdates every week. How would you support them in their Christian journey and mission?
8. The Smiths have been part of the church for their whole lives, they're in their 60's now and have grown-up children in the 18-35's age range. Even though their children grew up in church, they now only attend occasional church services and are not regulars. These young adults are both facing work and relational challenges and feel a bit lost and detached from church and faith. How would you seek to engage with them missionally?
9. Damilola is a talented worship leader in her 20's. For a long time, she's been dreaming of hosting a worship outreach event for people her age. The leaders in her church say that they have done similar things before and that it hasn't worked in the past. She feels she lacks the support to try something different that could really help her reach her peers. What advice would you give to her church leaders?
10. Streams Baptist Church has about four people in the 18-35's age range. They have different vocations and struggle to find a time to meet together weekly. However, they all have people around them that are curious about faith. They would love to invite them to church but can't think of an event or service that their peers might engage with. How would you support them to be more missional?